



ABDUL AZEEM

PERSONAL INFORMATION:

Name	Abdul Azeem
CNIC#:	35201-2635187-7
Address:	House#3, Street#21, Chowk Shawala Singhpura Baghbanpura Lahore, Pakistan
WhatsApp#	0092-3349979098
E-mail:	mehrabdulazeem@gmail.com
Passport#:	DR1851871
Father's Name:	Muhammad Naeem Naz
Marital Status:	Married
Nationality: Date of Birth: Total	Pakistani January 15, 1992
Experience	10 years' Experience

CAREER OBJECTIVE:

Looking for a bright EHS & Management future in an organization where everyone gets equal opportunity to suggest, implement and prove their skills and efforts. Satisfy my seniors and myself with my work and attitude.

SUMMARY

10 Years' Experience in Office Management & EHS Operation for the projects with safe, timely efficient and cost-effective manners. Well versed Nebosh IG, OSHA 30 Hours and IOSH MS. Ability to handled international safety standards, which include controlling of employees, assets at field and striving to avoid incidents, promoting EHS culture within the company and ensures that safety requirements of the process and construction activities are implemented in accordance with the international standards and approved safety documents.

I am pretty sure that my 05-years international (working in K.S.A) experience and 05-year national (Pakistan) experience in EHS & Construction line will be an asset for the organization (especially Substation, Civil Construction, Oil & Gas).



ABDUL AZEEM

SPECIALITIES / EXERTISE:

Leadership skills, Self-motivated, team oriented and highly professional, recognized for strong technical knowledge and Leading skills, ensuring optimal productivity. Team player, always willing to provide support and guidance to peer at all levels in the followings field,

- EHS Training and Induction, EHS monitoring, EHS Supervision of construction, commissioning, start up, shut down and operation activities.
- Accident/ Incident Investigation analysis.
- Permit to Work regulation.
- COVID-19 Prevention Plan.
- EHS Audits and Inspection.
- Loss prevention plan.
- Safety regulation • Emergency Response Plan.
- EHS Culture promotion.
- Monitor all tools and equipment on site.
- Inspection fire extinguisher.
- Inspection PPE's.

ACADEMIC AND TECHNICAL EDUCATION:

- Bachelor of Technology (Hons) in Electrical Technology. (July 21,2014- July 23,2016)
- Bachelor of Technology Electrical Technology. (July 10,2012- August 10,2014)
- Diploma in Health & Safety Engineering (2009-2011)
- NEBOSH International General Certificate Level 3 Course (January 07,2021)
- IOSH International General Certificate Level 02 Course (October 30,2019)
- OSHA International General Certification Level 02 Course (2019)
- Hazard Identification Course (2015)
- Breathing apparatus Course (April 26,2015)
- Behavior based safety course ((April 23,2015)
- Risk Assessment Course (2015)
- Confined Space safety course (April 22,2015)
- Construction safety course (May 18,2015)
- Emergency Procedure Course ((April 25,2015)
- H2S Safety Course (May 17,2015)
- Job Safety Analysis Course (April 24,2015)
- PERIMAVERA P6 (2018)



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PROFESSIONAL TRAININGS:

Professional Trainings.

1. Emergency Response Plan
2. Permit to Work System
3. Confined Space Entry
4. Work at Height
5. Electrical Safety
6. Gas Monitoring
7. Crane Safety
8. Scaffolding
9. Hydro testing
10. Fire Fighting
11. H2S-E-Learning
12. Fire Prevention
13. Breathing Apparatus
14. Spading-de spading
15. Nitrogen Pressure testing
16. Hot bolting
17. Hydro jetting

KEY PROJECTS AND EXPERIENCE:

Company: JASH TECHNICAL SERVICES KSA.

Designation: HEALTH AND SAFETY OFFICER

Duration: June 06,2016 to June 30,2021

Details:

- C3 Communication Project with RSAF (Royal Saudi Air Force), PSAB (Prince Sultan Air Base), Al Kharj.
- Replacement of Switchgear 13.8KV at Saudi Electricity Company Substation 7199 Riyadh.
- Work as a WPR at Replacement of 4.16 KV SWGR Pump Station Riyadh.

ROLES AND RESPONSIBILITIES CARRIED.

- Preparing/Implementing safety policy & plans for specific project.
- Conducting seminars, orientation for newly hired employees, research and studies for the improvement of safety in the project.
- Providing for continue education of employee by disseminating safety publications, instructions, rules, posters, etc.
- Making risk assessment and Job safe procedure on daily basis for daily based activities.
- Meet with the client representatives and other contractors to discuss requirements regarding accident prevention in the Job site.
- Attend Job Progress meeting to keep update on the current and future plans for the projective and to advise the project management on the problem concerning
- Conducting regular safety meeting such as toolbox.
- Coordinating with other safety officers.



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- Giving safety orientation and training to new employees.
- Investigate incidents and Accidents including Near Misses.
- Supervising project site in every aspect of safety.
- Safety Audits monitoring and documentation.
- Arranging safety awareness seminar for management and engineers.
- Loss prevention program.
- Report to the project Manager.
- Coordination with client.

Company: Tesla-PV PVT LTD Islamabad Pakistan

Designation: SAFETY AND ENVIRONMENTAL OFFICER.

DATE: From JUNE 2012 to JUNE 2013

Company: Meece Engineering, Lahore Pakistan

Designation: HEALTH & SAFETY OFFICER

DATE: From July 2013 to Aug 2015

Company: Solutions Engineering Pvt Ltd, Lahore Pakistan

Designation: HEALTH & SAFETY OFFICER

DATE: From Sep 2015 to May 2016

ROLES AND RESPONSIBILITIES CARRIED.

- Coordination with client.
- Daily Tool Box Talk/Safety Talk
- Check valid Work Permit
- Inspection of Fire Extinguishers
- Inspection of Power Tools
- Induction of new Employees
- TRA task risk assessment
- Audit of area and observe and prepaid near miss reports

ENGINEERING TOOLS:

- MS Office
- MS Excel
- MS Power point

SOFT SKILLS & STRENGTHS:

- Good Communication skills: English, Urdu, Punjabi
- Good report writing and article writing.
- Ability to learn and adapt to new atmosphere, teamwork & commitment.
- Skilled in prioritizing work and completing task with minimum supervision.
- Outstanding ability to develop familiarity with new procedures and services.
- Ability to work well in both team environments and individual assignments.
- Ability to accept and learn from Criticism and to resolve conflicting situations.
- Ambitious and loyal with the ability to work in a challenging environment
- Giving attention to the unspoken cues and developing cognitive or emotional empathy of other people's situation and perspective

LEISURE ACTIVITIES:

1. GYM
2. Travelling. 2. Hiking

REFERENCES:

Reference will be furnished on demand. ____



nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Abdul Azeem

was awarded this qualification with credit on

07 January 2021

Les Philpott
Chair

Dee Arp
Accountable Officer

Master log certificate No: 00547513/1201324

SQA Ref: R630 04



**The National Examination Board in
Occupational Safety and Health**
Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444

IASP Professionals
International Association of Safety Professionals Certified Trainer, whose signature and certification number appears below, hereby certifies that the named person did attend and satisfactorily completed the course of study herein specified and that the signatory is solely responsible for the content of said training.

Course: 30 Hour - General Industry
Student: Abdul Azeem #552045
Trainer: Ghufraan Qadri #520732
Date: 2019-10-30



International Association of Safety Professionals

In recognition of the successful completion of the requisite course of study and by virtue of authority granted by The International Association of Safety Professionals hereby presents the

30 Hour - General Industry

Certificate Awarded to
Abdul Azeem

In witness whereof this Certificate, signed by the International Association of Safety Professionals Certified Trainer and sealed with the corporate seal of The National Association of Safety Professionals, is granted. The Signatory below is solely responsible for the quality and content of said training, and attests to attaining certification appropriate to provide training from The International Association of Safety Professionals.



President, CEO

Executive Director

552045

Student ID

520732

Certified Trainer Signature

2019-10-30

Date



This is a certificate awarded to

Abdul Azeem

on successfully completing

Managing Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

Cardiff School of Certified Professionals (CSCP)
Approved Centre: 3331

Signed on behalf of IOSH

A handwritten signature in black ink, reading 'Ian Messenger'.

Chief Executive

A handwritten signature in black ink, reading 'A. Azeem'.

Course Organiser



Institute
of International
Career
Certifications

*Institute Of International Career Certifications
awards this certificate to*

ABDUL AZEEM

HAS ATTENDED BREATHING APPARATUS COURSE
HELD AT INSTITUTE OF INTERNATIONAL CAREER CERTIFICATION, ON

26 APRIL 2015



General Manager



C.E.O

Institute Of International Career Certifications

Institute
Of International
Career
Certifications

Institute Of International Career Certifications
awards this certificate to

ABDUL AZEEM

HAS ATTENDED BEHAVIOUR BASED SAFETY COURSE
HELD AT INSTITUTE OF INTERNATIONAL CAREER CERTIFICATION, ON

23 APRIL 2015



General Manager



C.E.O

Institute Of International Career Certifications

Institute
Of International
Career
Certifications

Institute Of International Career Certifications
awards this certificate to

ABDUL AZEEM

HAS ATTENDED JOB SAFETY ANALYSIS COURSE
HELD AT INSTITUTE OF INTERNATIONAL CAREER CERTIFICATION, ON
24 APRIL 2015



General Manager



C.E.O

Institute Of International Career Certifications

Institute
Of International
Career
Certifications

*Institute Of International Career Certifications
awards this certificate to*

ABDUL AZEEM

HAS ATTENDED CONFINED SPACE SAFETY COURSE
HELD AT INSTITUTE OF INTERNATIONAL CAREER CERTIFICATION, ON

22 APRIL 2015



General Manager



C.E.O

Institute Of International Career Certifications

Institute
● of International
Career
Certifications

Institute Of International Career Certifications
awards this certificate to

ABDUL AZEEM

HAS ATTENDED EMERGENCY PROCEDURE COURSE
HELD AT INSTITUTE OF INTERNATIONAL CAREER CERTIFICATION, ON
25 APRIL 2015



General Manager



C.E.O

Institute Of International Career Certifications



IICC

Institute of International Career Certifications

Certificate of Attendance

THIS IS TO CERTIFY THAT

ABDUL AZEEM

**HAS ATTENDED CONSTRUCTION SAFETY COURSE
HELD AT INSTITUTE OF INTERNATIONAL CAREER CERTIFICATION, ON**

18 MAY 2015

General Manager

C.E.O



IICC

Institute of International Career Certifications

Certificate of Attendance

THIS IS TO CERTIFY THAT

ABDUL AZEEM

HAS ATTENDED H₂S SAFETY COURSE

HELD AT INSTITUTE OF INTERNATIONAL CAREER CERTIFICATION, ON

17 MAY 2015

General Manager

C.E.O

JASH TECHNICAL SERVICES LLC

P.O. Box 173 - Riyadh 11411 - Kingdom of Saudi Arabia

**شركة جاش للخدمات الفنية المحدودة**

ص.ب ١٧٣ الرياض ١١٤١١ المملكة العربية السعودية

Date: 1 August 2021

التاريخ : ١٤٤٢/١٢/٢٢ هـ

شهادة خبرة

EXPERIENCE CERTIFICATE

This is to certify that Mr Abdul Azeem Muhammad Naeem Naz , Pakistani National holding Passport No DR1851871 has worked with Jash Technical Services Limited from 01/06/2016 to 30/06/2021 as Safety Officer

This certificate is being issued upon his request without any monetary or other obligations what so ever to the Company.

تشهد شركة جاش للخدمات الفنية المحدودة بآاز، السيد / عبدالعظيم محمد نعيم ناز ، باكستاني الجنسية ، يحمل جواز رقم DR ١٨٥١٨٧١ ، قد عمل لدى الشركة بوظيفة فني مسؤول سلامة

لي في الفترة من ٢٠١٦/٠٦/٠١م الى ٢٠٢١/٠٦/٣٠م

وتم منح هذه الشهادة بناءً على طلبه دون اننى مسؤولية على الشركة مادية كلفت او من اي نوع كان .

شركة جاش للخدمات الفنية المحدودة**JASH TECHNICAL SERVICES LIMITED**

مدير المشروع / C-3 Program Manager

م. محمد بن عبدالمحسن العويس / Eng. Mohammed A. Alowais

تلفون : ٤٧٦٧٧٨٠ - فاكس : ٤٧٧٦٦٦٢ - س.ت : ١٠١٠٠٠٩٩٧١ - رقم العضوية : ٣٧٨٦ - شركة ذات مسئولية محدودة

Tel.: 476 7780 - Fax: 477 6662 - C.P. 1010009971 - C.C. No.: 3786 - Limited Liability Company

Website: www.jash.com.sa

E-mail: info@jash.com.sa

Preston University

Kohat - Pakistan

This is to Certify That
Abdul Azeem

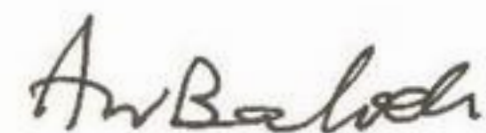
Has satisfactorily and completely fulfilled all requirements for the prescribed studies and the examinations of the University, and has, therefore, been admitted to the Degree of

Bachelor of Technology (Honours)
in Electrical Technology

In testimony whereof, this Degree has been issued under authorized signatures and official seal of the University, on this thirtieth day of July 2016.



Chancellor



Registrar



Office of the Registrar:
OTS Road, Near Eld Gah, Kohat City, Pakistan
Tel: +92-922-860211-3, Fax: +92-922-860214

Study Campus: LAHORE, PAKISTAN

Name:	Abdul Azeem	Registration No:	16P2-214008
Program:	B-Tech (Hons)	Date of Birth:	January 15, 1992
Specialization:	Electrical	Date of Registration:	July 21, 2014
Date of Issue:	July 30, 2016	Date of Completion:	July 23, 2016

	Credit Hours	Marks Obt.	Grade	Remarks
First Semester				
Industrial Training	15	94	A	
	Total	94	Sem GPA	4.0
Second Semester				
Industrial Training	15	95	A	
	Total	95	Sem GPA	4.0
Third Semester				
Industrial Training	15	96	A	
	Total	96	Sem GPA	4.0
Fourth Semester				
Engineering Management	3	70	B	
Engineering Design	3	90	A	
Electrical Applications	3	90	A	
Wireless Communications	3	91	A	
	Total	341	Sem GPA	3.8
Fifth Semester				
Project Management	3	86	A	
Electric Circuits	3	81	A	
Power Electronics	3	78	B	
Project	3	94	A	
	Total	339	Sem GPA	4.0
Sixth Semester				
Applied Mathematics-I	3	88	A	
Industrial Electronics	3	87	A	
Power System Analysis	3	76	B	
Electrical Machines	3	76	B	
	Total	327	Sem GPA	3.8
	Grand Total	1292	Cum GPA	3.9

Number of Courses Passed 12
 Number of Courses Exempted 0
 Number of Courses Required for Degree 12
 Program Completed in Spring 2016 - Qualified for Degree

Prepared by: 
DPO

Checked by: 
Assistant Registrar


Registrar

This document is not valid without signature and official seal.
 The University reserves the right to correct any error or omission made inadvertently in the Transcript.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

115528

Serial No. _____

Roll No. 058604

Enrolment No. 00640-21039-2006



BOARD OF INTERMEDIATE & SECONDARY EDUCATION, LAHORE

Secondary school ANNUAL Examination 2008

SCIENCE Group

Certified that ABDUL AZEEM

son/daughter of MUHAMMAD NAEEM NAZ

School/District GOVT. BOYS COMPREHENSIVE HIGHER SECONDARY SCHOOL, GHOREY
SHAH, LAHORE

Date of Birth 15/01/1992 (FIFTEENTH JANUARY)

One thousand nine hundred and NINETY TWO has passed the

Secondary School Examination, Conducted by this Board in FULL as a REGULAR

candidate. He/She offered the subjects and obtained the marks as follows.

MARKS

Sr.No.	Subject	Maximum	Obtained
1.	URDU (COMPULSORY)	150	92
2.	ENGLISH (COMPULSORY)	150	69
3.	ISLAMIYAT (COMPULSORY)	75	52
4.	PAKISTAN STUDIES (COMPULSORY)	75	57
5.	MATHEMATICS (COMPULSORY)	100	72
6.	PHYSICS	100	60
7.	CHEMISTRY	100	55
8.	BIOLOGY	100	36*
TOTAL MARKS (In Figures)		850	493

(In Words) FOUR HUNDRED NINETY-THREE

* QUALIFIED UNDER RULE 12 (CONCESSIONAL MARKS).

External Grade C

Internal Grade C

Lahore AUGUST 01, 2008




SECRETARY



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Tesla Industries (Pvt) Ltd.

Designers, Consultants and suppliers of Sophisticated Engineering Systems

June 28 ,2013

Ref: No. TES/2018/01

TO WHOM IT MAY CONCERN

It is certify that Mr. Abdul Azeem S/O Muhammad Naeem has served as “Safety officer” from June , 2012 to june , 2013.

During his affiliation with Tesla Industries, He worked with us diligently and proved himself as a adoptable person with commendable attributes.He demonstrated superior degree of managerial dexterity.

We wish him best of luck for future endeavors.

Muhammad Khan
Manager Hr



MECAS ENGINEERING (PVT) LIMITED

HR/hr/1,1021.00/150305/01

AUGUST 30, 2015.

TO WHOM IT MAY CONCERN

It is certified that **Mr. ABDUL AZEEM S/o MUHAMMAD NAEEM** CNIC. # 35201-2635187-7 has worked with our organization as a **HSE OFFICER** from July 20, 2013 to August 30, 2015. The company is satisfied with his performance as he is an efficient, dedicated and resourceful person.

The company has found him very professional, hardworking, dedicated employee. His interpersonal skills are outstanding and he has been very helpful and has been highly appraised by his Managers.

We wish him luck in all his future prospects.



ASIF SAEED
Manager (HR & ADMIN)