

MOHAMMAD ABDUL ABID

HSE Officer



Dammam, Saudi Arabia



+966-536095905



abdulabid9542@gmail.com



OBJECTIVE

To secure a long term commitment within a highly competitive and equal opportunity provider, where I can be an asset in delivering excellence in the field of Occupational Health, Safety, Security and Environmental management through solution driven approach and continual improvement focus.

PROFILE SUMMARY

- NEBOSH Certified Health & Safety professional with highly experienced in HSE Inspections, HSE Audits, Risk Assessment and comply with Local regulations.
- Adept in implementing environment, safety and health management practices, dealing with certification bodies, raising performance reports & client satisfaction reports
- Deft in planning, implementing, managing health, safety, environmental policies and procedures.
- Adroit in ensuring that all government regulatory compliance is maintained, supervising, preparation of studies and analysis of accident causes, hazards to health, and cost analysis.
- A keen communicator with sound interpersonal, analytical and problem solving abilities.

CORE COMPETENCIES

- Implementing HSE Management Systems by planning and conducting internal audits and ensuring that company's policy, is fully understood, implemented, operated and maintained with strict principles.
- Assisting the HSE Manager in the application of the HSE plan and executing ES&H policies and procedures with strict principles.
- Highly enthusiastic of implementing safety procedures.
- Knowledge of providing safety supports to working site facilities.
- Potential of preventing workplace safety hazards by following routine inspections.
- Expertise in providing trainings, updating documenting policies and investigate unsafe acts conditions.
- Awareness in preparation of JSA & Risk Assessment Documentation.
- Awareness in preparation of HSE policy.
- Assist facilities with the safety, Health regulation and follow company's guideline.

WORK EXPERIENCE

❖ Worked with M/S AL RAJHI CONSTRUCTION –RIYADH, SAUDI ARABIA

❖ #JOB PROFILE

HSE OFFICER

(FROM 28th Sep 2021 – 25th NOV 2022)

PROJECT COMPLETED

➤ RESIDENCIAL BUILDING.

➤ **Client** : Technical and Vocational Training Corporation

❖ **Worked with M/S FAMILY STAR CONSTRUCTION LLC –DUBAI, UAE**

❖ **#JOB PROFILE**

HSE OFFICER

(FROM 21st Mar 2017 – 4th Aug 2021)

PROJECT COMPLETED

➤ RESIDENCIAL BUILDING, LABOUR ACCOMMODATION & WAREHOUSE PROJECTS under DDA, DM & TRAKHEES authorities.

➤ **Client** :Lahej @ Sultan Gas Distribution LLC, Makeen Properties LLC, Standard Carpets, Rawji Properties, Munawel Interiors, Al SholaTransport.

➤ **Consultant** :Winner Holistic Consultant, Al Wasl Al Jadeed Consultant, MSM consultant, Module Engineering Consultant , EDMAC Engineering Consultant, Group Consultant, ENG.Mohd Al Shaikh Mubarak Architectural & Engineering Consultant.

❖ **Worked with LANCO INFRA TECH LIMITED– HYDERABAD, INDIA.**

❖ **#JOB PROFILE**

HSE OFFICER

(FROM 21st FEB 2014 – 15th DEC 2016)

PROJECT COMPLETED

➤ RESIDENCIAL BUILDING, INFRASTRUCTURE WORKS, VILLAS.

➤ **Client**: APARNA INDUSTRIES, MAJORIS PROJECTS.

DUTIES AND RESPONSIBILITIES

- Organizing and conducting site HSE induction regarding awareness of personal HSE responsibilities, emergency evacuation method , client regulations , site HSE regulations including traffic regulations, legal regulations, incident prevention and reporting system for all new employees and visitor prior to their assignment at site.
- Implementation of HSE policy, HSE regulations, coordinating with client/consultant for ensuring their instructions are following on site by all personal to perform task in very safe manner and all persons are wearing proper personnel protective equipment as appropriate for the task.
- Promote " incident prevention and Safety Awareness" through general safety orientation and training to all workforce, supervisory staff and visitors on the project.
- Ensure the training is carried out for specific task; PTW procedures are strictly adherence to PTW system and comply with requirements.
- Preparation of Risk Assessment and organizing JSA meetings with authority prior to start the activity.

- Display of safety informative specific signs, general safety signs, project HSE performance statistics reports, safety bulletins and company HSE policy statement.

- Coordinate and conduct toolbox meetings with supervisors and engineers to the workforce and confirm that task risk information and safety instructions are being passed to the workforce on a daily basis as per the activities.

EDUCATIONAL QUALIFICATION

- B.TECH in COMPUTER SCIENCE ENGINEERING.
- NEBOSH (IGC) – INTERNATIONAL GENERAL CERTIFICATE
- NEBOSH (HSW) – HEALTH AND SAFETY AT WORK.
- IOSH in MANAGING SAFELY
- DIPLOMA IN FIRE AND SAFETY
- FIRST AID PROVIDER (BASIC LIFE SUPPORT)
- TRAINED IN FIRE PREVENTION AND FIRE FIGHTING
- TRAINED IN ACCIDENT/INCIDENT INVESTIGATION PROGRAM

KEY SKILLS&COMPETENCIES

- Good in maintaining all safety measures and norms.
- Well verse with **Dubai Development Authority** regulation and standards.
- Well verse with **Dubai Development Authority** HSE Policy and Risk assessment
- Awareness in the field of managing safety aspects in various Hazards control measures
- Use effective strategies to minimize risks.

PERSONALITY TRAITS

- Goal oriented and self-motivated.
- Excellent interpersonal skills.
- Effective of managing multiple tasks.
- Hard working and flexible to work in shifts.

PERSONAL INFORMATION

- NAME - Mohammad Abdul Abid
- DATEOFBIRTH - 08th July 1992
- FATHER'SNAME - Mr. Mohammad Abdul Majid
- NATIONALITY - Indian
- SEX - Male
- MARITAL STATUS - Married
- RELIGION - Muslim
- LANGUAGESKNOWN - English, Hindi, Urdu, Telugu, Arabic beginner
- PASSPORT NO - M1510288
- VisaStatus - Transferable

DECLARATION

I do here by declare that, the above information firm furnished by me is true and correct with my knowledge

DATE :

PLACE: DAMMAM, SAUDI ARABIA

Mohammad Abdul Abid