



# OSHAcademy™

Occupational Safety & Health Training



This is to certify that

## WASIM AKRAM

Has successfully completed all academic requirements in this 30-hour Occupational Safety & Health Course of study presented by OSHAcademy Authorized Training Provider (ATP), Longman Training Academy (LTA).

## Construction Safety and Health

Topics covered in this training include (30 hours): Introduction to OSHA (2 h); Managing Safety and Health (2 h); OSHA Focus Four Hazards (6 h); Personal Protective Equipment - PPE (1 h); Life Saving (1 h); Health Hazards in Construction (2 h); Stairways and Ladders (1 h); Concrete and Masonry (1 h); Confined Space Entry (1 h); Cranes, Derricks, Hoists, Elevators, and Conveyors (3 h); Excavations (2 h); Fire Protection and Prevention (1 h); Powered Industrial Vehicles (1 h); Scaffolds (3 h); Hand- and Power-Tools (1 h); and Welding and Cutting (2 h).

Steven J. Geigle, MA, C&E, CSHM  
Director, Instructor  
OSHAcademy Safety and Health Training

144733-144

02-07-2020

Student #

Issue Date

Muhammad Sohail  
Director, Sohail Institute of Occupational  
Longman Training Academy (LTA)  
Pakistan  
ATP #: 20111030MS

Validate Certificate



Certificates can be validated through the  
OSHAcademy website.  
Validation Code: 144733-144-109-166d9  
[www.oshacademy-atp.com/verify](http://www.oshacademy-atp.com/verify)



The content of this training conforms with U.S Department of Labor (OSHA) training standards and ANSI Z490.1, Criteria for Accepted Practices in Safety, Health and Environmental Training.