

MOHAMMED ALABANDI

HEALTH AND SAFETY

Al Qatif, Eastren Province
32621

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PROFESSIONAL SUMMARY

Experienced HSE officer with over 5 years of experience in health and safety occupation. Excellent reputation in resolving problems and improving customer satisfaction. Eager to contribute to team success through hard work, attention to detail and excellent organizational skills through an open mind. Motivated to learn, and grow within field.

WORK HISTORY

HSE Officer, 07/2022 to Current

Abdullah H. ALshuwayer Sons Company – Dammam, Eastern Province

HSE Officer, 12/2021 to 06/2022

Larsen & Toubro Saudi Arabia LLC– Saudi Aramco, Dhahran, Eastern Province

- Understanding the CSSP and Schedule "D" requirements of the client and following the same in execution of the work
- Conduct toolbox talk and communicate the safety information to the workmen.
- Ensuring the workmen are wearing the necessary personal protective equipment respective to the job.
- Ensure that the identified unsafe condition in the work area are rectified.
- Ensure the work area are neat & clean.
- Know the critical activities of the job based on the Group Risk Assessment and ensure implementation of the risk control measure.
- Participating with the Safety Manager / Supervisor or the committee Members in the project inspection.
- To follow all work permit system as per Permit to work requirements.
- To inform all accidents / incidents / dangerous occurrences at site to Safety Manager / Supervisor immediately. And participate in the incident investigation.
- Supportive to Safety Manager and Supervisor in helping to sort out environmental issues.
- Carry out the daily site safety inspections.

HSE Officer, 08/2018 to 12/2021

Saudi Aramco Nabors Drilling – Dhahran, Eastern Province

- Acted as visible and available health and safety resource in the field by consulting with staff, modeling safe behaviors, and encouraging model behaviors, thus making sure all employees return safely to their families by the end of the tour.
- Performed on-site inspections to check the legitimate implementation of policies and procedures.
- Make a thorough inspection for health and safety equipment and make sure it functions and used by the manufacturing procedure
- Designed and delivered health and safety training for the staff to educate them on current health and safety legislation, policies, and procedures and how to comply with these in the workplace.
- Participated in training sessions and courses on an annual basis to expand professional skillset.
- Ensure that all equipment/machinery are operated by an authorized and competent personal
- Maintained records, serial numbers, and data of health and safety documentation, audits, and inspections.
- Demonstrated appropriate procedures for consulting with staff, coaching managers in conducting daily briefings, safety talks, and day-to-day safe operational inductions.

HSE Trainer, 01/2016 to 12/2017

Arabian Safety Training Center – Khobar, Eastern Province

- Develops training for employees in the facility; delivers training as requested by management and according to the employee lifecycle
- Participate in the development and administration of customer safety awareness programs, and company-sponsored safety programs
- In collaboration with administrative staff, coordinate logistics and ensure all space, materials and other goods needed for trainings are provided and set-up/taken-down in a timely manner
- Maintain excellent attendance and training records
- Preforme full lecture on muiltable HSE subject and practical lecture for
- other courses like First Aid
- Development & implementation of HSE procedures. Safety
- induction/orientation & special training like Permit to Work, Fall
- Protection System and Fire Preventions.
- Ability to work and collaborate with a predominantly Arabic- English
- speaking community
- Knowledge of administrative and organizational skills necessary to
- carry out job description responsibilities.

SKILLS

- Ability to use basic Microsoft Word, Excel and PowerPoint program functions.
- Research and report writing.
- Excellent communications skills.
- Ability to understand and follow
- safety rules and regulations; ability to update employee safety and training records.

EDUCATION

High school Diploma , Science , 06/2011

Alkhalil Bin Ahmed Educational – Al Qatif, Eastern Province

Certification of program completion , English, 05/2013

English Language Institute – Wisconsin, USA

OSHA Training & Certification , HSE , 06/2021

future Training Center – Khobar, Eastern Province

IOSH General Industry , HSE, 06/2021

Future Training Center – Khobar, Eastern Province

Certification of program completion , HSE, 04/2017

Institute Of Environmental Health – Khobar, Eastern Province

NEBOSH IGC in Occupational Health and Safety, HSE, 05/2022

Future training Center – Khobar, Eastern province

- Basic First Aid course.
- Deviseve Driving course
- Scaffolding course
- Fire fighting course
- Fire protection & prevention awareness. Drop objects course
- H2S course
- Permit to work course
- Fall protection course
- Rigging and slinging course
- Confined space course
- Lockout, tagout procedure course
- Hazard recognition and identification course
- Level 1, 2, and 3 awards in principles of HACCP in catering
- Level 2, and 3 award in supervising food safety in catering (QCF)
- Spill prevention
- Manual handling (Back safety / safe lifting)
- JSA training
- Hazard recognition (safety observation)
- Hazard communication (Hazcom)
- Basic air hoist (Operator awareness)
- Respiratory protection
- Basic H2S & SCBA training