

Ahtsham Khalid

HSE Officer



Objective

The HSE Personnel is responsible for delivering lectures on how to maintain safety, examine the machinery being used on the site, checking to see if there are any immediate threats and reporting to any governing boards. The HSE Personnel is responsible for monitoring and assessing hazardous and unsafe situations and developing measures to assure personal safety. The HSE Personnel has a crucial job of ensuring everything is compliant with safety regulations and is up to code. The HSE Personnel will correct acts through the regular line of authority. HSE Personnel is also responsible to ensure the site safety and health plan is prepared and implemented.

Qualification

BSC (Bachelor in Science) Computer Sciences

- Statistics
- English
- Computer sciences

Health, Safety and Environment (HSE) (Safety Officer)

Descon Training Institute Lahore Pakistan

- Housekeeping
- Scaffolding Erection & Safety
- Excavation

- Power Tools Safety
- Rigging
- First Aid



IOSH (Institution of Occupational Safety and Health) (UK)

Abacus International Hse Services pvt Ltd Lahore Pakistan

- Introducing managing Safety
- Controlling Risks
- Understanding Responsibilities

- Understanding Hazards
- Investigating incidents
- Measuring Performance



IASP (International Association of Safety Professionals) (USA) (OSHA 30 Hours)

Abacus International Hse Services pvt Ltd Lahore Pakistan

- Introduction of health and safety management
- Electrical safety
- LOTO

- Scaffolding
- Near miss ,Incident, Accident
- Confined Space



Health Safety & Environmental Engineering (2 Years)

Iqra Educational & Technical Council

- Work Equipments Hazard & Control
- Fire Hazard & Control
- Construction activities Hazard & Control
- Protecting our Environment
- Manual & Mechanical Hazard & Control



Professional Experiences

Period 1st July 2021 to 31st July 2021
Position FSR (Field Safety Representative)
Project Arabian Petrochemical Company (Petrokemya North)
Client Petrokemya North
Company Arabian Pipeline & Services Co. Ltd (ANABEEB)

- Conduct daily, weekly and mass toolbox meeting along with company site management.
- Check and inspect power, electrical, mechanical tools etc. used by the workers at the job site to secure in good condition to avoid any accident happen while performing or commencing their job.
- Ensured compliance with safety regulatory and OSHA standards.
- Promotes safe practices at the job site.

Period 1st March 2021 to 31st March 2021
Position FSR (Field Safety Representative)
Project Arabian Petrochemical Company (Petrokemya North)
Client Petrokemya North
Company Arabian Pipeline & Services Co. Ltd. (ANABEEB)

- Conduct daily, weekly and mass toolbox meeting along with company site management.
- Monitor permit to work procedure and supporting documents.
- Check and inspect power, electrical, mechanical tools etc. used by the workers at the job site to secure in good condition to avoid any accident happen while performing or commencing their job.
- Promotes safe practices at the job site.

Period January 2021 to February 2021
Position HSE Officer
Project Yanbu National Petrochemicals Company
Client Yanbu National Petrochemicals Company

Company Arabian Pipeline & Services Co. Ltd. (ANABEEB)

- Conduct daily, weekly and mass toolbox meeting along with company site management.
- Check and inspect power, electrical, mechanical tools etc. used by the workers at the job site to secure in good condition to avoid any accident happen while performing or commencing their job.
- Monitoring the workers at job site to secure that they maintain their respective area tidy and clean (housekeeping) for at least 10 to 15 minutes before knock-off time in every working day.
- Ensured compliance with safety regulatory and OSHA standards.

Period 1st December 2020 to 31st December 2020
Position HSE Officer
Project Sahara International Petrochemical Company (Sipchem)
Client Sipchem

Company Arabian Pipeline & Services Co. Ltd. (ANABEEB)

- Conduct daily, weekly and mass toolbox meeting along with company site management.
- Monitor permit to work procedure and supporting documents.
- Check and inspect power, electrical, mechanical tools etc. used by the workers at the job site to secure in good condition to avoid any accident happen while performing or commencing their job.
- Monitoring the workers at job site to secure that they maintain their respective area tidy and clean (housekeeping) for at least 10 to 15 minutes before knock-off time in every working day.

Period September 2019 to November 2020
Position HSE Supervisor
Project United Eo/Eg iii Project Jubail KSA
Client Sabic
Company Samsung Engineering

- Conduct daily, weekly and mass toolbox meeting along with company site management.
- Monitor permit to work procedure and supporting documents.
- Check and inspect power, electrical, mechanical tools etc. used by the workers at the job site to secure in good condition to avoid any accident happen while performing or commencing their job.
- Accident incident investigation and reporting.

Period July 2019 to August 2019
Position FSR (Field Safety Representative)
Project Farabi Petrochemical Jubail KSA
Client Farabi Petrochemical
Company Farabi PMT

- Assessed plant safety practices developing work safety programs, educating employees about workplace safety and coordinating legal safety compliance with the management.
- Investigate the construction site to ascertain equipment, production, and material processes do not pose a safety or health hazard to employees, sub-contractors and visitors.
- Work closely with the Head of Health, Safety, and Welfare & Environment.
- Monitoring the workers at job site to secure that they maintain their respective area tidy and clean.

Period January 2018 to December 2018
Position HSE Officer
Project Fadhli Gas Plant Project Jubail KSA
Client Tecnicas Reunidas KSA
Company PCMC

- Monitoring the workers at job site to secure that they maintain their respective area tidy and clean(housekeeping) for at least 10 to 15 minutes before knock-off time in every working day
- Check and inspect power, electrical, mechanical tools etc. used by the workers at the job site to secure in good condition to avoid any accident happen while performing or commencing their job.
- Participating in continuing education to update knowledge of health and safety protocols and techniques. Supervise the installation of potentially harmful equipment and the disposal of hazardous substances.

Period January 2016 to December 2017
Position HSE Officer
Project Ma'dan Phosphate Project KSA
Client Tecnicas Reunidas KSA
Company PCMC

- Conduct site safety audits and inspects facilities to ensure a safe working environment.
- Carry out accident investigation reviewing root causes to protect from future reoccurrence.
- Monitoring the workers at job site to secure that they maintain their respective area tidy and clean (housekeeping) for at least 10 to 15 minutes before knock-off time in every working day.



Period January 2015 to November 2015
Position HSE Officer
Project 225 MW Orient Power Company (Pvt.) Limited
Company Descon engineering Lahore Pakistan.

- Conduct site safety audits and inspects facilities to ensure a safe working environment.
- Carry out accident investigation reviewing root causes to protect from future reoccurrence.
- Documented and implemented corrective actions for preventing injuries to workers
- Conducted workplace inspections and maintenance on safety equipment.

Period July 2013 to December 2014
Position HSE Officer
Project Orange Line Metro Train Project (Package 1)
Company Habib Construction Company Pvt limited Pakistan



- Check and inspect power, electrical, mechanical tools etc. used by the workers at the job site to secure in good condition to avoid any accident happen while performing or commencing their job.
- Monitoring the workers at job site to secure that they maintain their respective area tidy and clean (housekeeping) for at least 10 to 15 minutes before knock-off time in every working day.
- Monitoring the cranes as per company procedures to avoid accidents during operation and secure that surroundings are well cordoned and barricaded.

Professional Skills

- Understanding of appropriate construction processes.
- Highly analytical, meticulous and excellent attention to detail.
- Strong verbal and written communication skills.
- Fluent in the English language.

Safety Trainings

- Working at Height
- Hand and Power Tools
- Permit to Work
- Electrical Safety
- Scaffold Safety
- Hot Work Safety Precautions
- Lifting Procedure
- Confined Space

Personal Information

Full Name Ahtsham Khalid
Date of Birth 08 November 1994
Religion Islam
Nationality Pakistani
Total Experience Around 8 years
Driving license Valid
Mobile no +966 55 062 8210
Email ahtshamkh786@gmail.com