

Zainab Khamis

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Public Health Specialist who has flexibility to cope with multiple and changing demands, ability to meet tight deadlines, and ability to influence without having direct authority.

EXPERIENCE

Alzahra General Hospital, Public Health Specialist and Health Educator.

July 2020 - September 2020

- Meeting up with the doctors to put an education plan for new patients, then start the education process.
- Checking the patient admission sheet to figure out the diseases that we need to educate about.
- Preparing educational brochures and giving them to the patients
- Educating mothers about breastfeeding Position and how to take care of their health.
- Educating women in how they can take care of themselves after they deliver a baby.
- Meeting up with parents to discuss their child health problems and providing them with resources they need.

Head Start, Bloomington, IN—Public Health Specialist and Health Educator.

August 2018- December 2018

- Promoting healthy prenatal outcomes for pregnant women.
- Enhancing the development of young children
- Promoting healthy family functioning.
- Providing Community Resources for families that match with their needs.
- Providing Vision, Hearing , Height and weight measurement to make sure the children are on the right track, and refer them to a health clinic when they need.

SKILLS

Team Work.
Leadership.
Time Management.
Using Microsoft Office Programs.
Speaking Two Languages: Arabic and English.
Self-Motivation.
Working under pressure.

AWARDS

Dean's List student, 2017

Marine Leadership Certificate

LANGUAGES

Arabic

English

Saudi Students Club, Bloomington, IN- Vice President

May 2017 -May 2018

I was the vice president of the Saudi student's club as well as the president

of the women committee. As a part of the Saudi student's club leadership I

was responsible to offer all the help to all the Saudi students in our city as well as trying to organize many activities that present my country and introduce our culture.

EDUCATION

Indiana University Of Bloomington, United State— *Bachelor degree in Public Health and Community Health education.*

January 2015 - December 2018