

# **RESUME**

**ABDUL RAHMAN**

**HSE OFFICER**

**MOBILE NO : 0568709141**

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## **Experience Summary**

Having 5 years experience in the field of safety. Having good knowledge in safety, health and environment issues. And ability to achieve zero accident completion of project and motivate the people to this target.

### **HSE CERTIFICATION**

**OSHA 30Hours (*Occupational Safety & Health Administration*) Course**

**IOSH – Managing safety (Institute of occupational safety and health, UK)  
{Institution: ACE Training And Consulting, India}**

### **HIGHER ACADEMIC QUALIFICATION**

**B.A (ENGLISH),Trichy,Tamil Nadu, India**

### **TRAININGS ATTENDED**

- **Working at Height.**
- **Confined space.**
- **Fire safety.**
- **Scaffolding safety.**
- **Welding & cutting.**
- **Electrical safety.**
- **Manual handling.**
- **Slips-trips & fall.**
- **Excavation and Trench.**
- **Power tools**
- **Chemical management.**

**OVERALL EXPERIENCE: 5 YEARS**

**Position** : HSE Officer  
**Company** : M/s. Modern Engineering works, Trichy, India  
**Duration** : july2016 –December2017

**Position** : HSE Officer  
**Company** : Jagannathan Engineering Works India  
**Project** : BHEL pipeline and valve Erection project  
**Duration** : January-2018- September-2019

**Position** : HSE OFFICER  
**Company** : Farabi Petrochemicals,  
**Duration** : Nov 2019 –september2020

**Position** : HSE OFFICER  
**Company** : JUBAIL NAVAL AIR BASE  
**Project** : FIRE ALARAM AND FIRE FIGHTING SYSTEM  
**Client** : AL AYUNI  
**Duration** : OCT 2020 to JANUARY 2021.

**Position** : HSE OFFICER  
**Company** : SABIC UNITED PETROCHEMICAL  
**Project** : FIRE ALARAM AND GAS DICTATOR  
**Client** : UNITE  
**Duration** : FEBRURY 2021 to MARCH 2021.

**Position** : HSE OFFICER  
**Company** : SABIC UNITED PETROCHEMICAL  
**Project** : FIRE ALARAM AND WET SPRINKLER SYSTEM  
**Client** : SINOPEC  
**Duration** : MARCH 2021 to JANUARY 2022

**Position** : HSE OFFICER  
**Company** : VEOLIA  
**Project** : FIRE FIGHTING SYSTEM  
**Client** : AMANA  
**Duration** : JANUARY 2022 TO APRIL 2022

**ROLES & RESPONSIBILITIES:**

- To conduct safety orientation / tool box meeting to all workers.
- Daily check list and observation the corrective action for the work.
- Daily inspection of portable equipment and machine safe guarding, heavy equipment, PPE, hand tools. Check list and supervisory log book.
- Checking the safe work plan before the starting of any work.
- Checking the scaffolding and tag and color-code of all equipment.
- To motivate and create safety attitudes on workers understanding their state of mind.
- Preventing unsafe act and unsafe condition from employee.
- Development of job safety analysis and hazard identification of the work.
- Weekly Safety inspection joins with client.
- Prepare the monthly report; incident& near miss report after investigation.
- To advise on safety aspects to the concerned departments.
- Implementation of all safety policies and safety procedures as per the company safety act.
- Co-Ordinate with other clients, main contactors and other sub contractors for
- Reviewed all work sites for safe condition.
- To carry out Training, Meetings and Presentations regarding HSE Regulations

**PROFESSIONAL SKILLS :**

- Representing the organization in various HSE Walk through & toolbox.
- Meeting Environment control and management.
- Waste management.
- Hazard identification.

**STRENGTHS :**

- Confident in identifying hazards.
- Capable of eliminating all the hazards before they occur.
- Commitment towards achieving zero accident performance.
- Communication skills perseverance & hard working.

**PERSONAL DETAILS :**

Name : ABDUL RAHMAN

Date of Birth : 20.05.1995

Sex : Male

Nationality : Indian

Languages Known : English, Tamil ,Malayalam & Hindi

Iqama Number : 2490114259

Passport Number : T2137353

Years of Experience as a Safety Field : 5 Years

**Declaration**

I do here by declare that all the particulars stated above are true and correct to the best of my knowledge and belie.

**ABDUL RAHMAN**