# MUHAMMAD NADEEM

Health & Safety Engineer

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#### **EDUCATION**

- B.sc Chemical Engineering
- NEBOSH-International General Certificate
- IOSH -Managing Safely Visa status:
- Transferable igama
- Immediate joining

#### TRAINING OBTAINED

- ADNOC H2S & BA
- ADNOC PTW/ WMS
- Task Risk Assessment
- Confined space
- Basic First Aid
- Fire Fighting

# PROFESSIONAL SKILLS

- Risk Assessment
- Accident Investigation
- Hazard Analysis / HAZOP
- Hazardous waste Management
- Project Management
- Construction Management
- Safety Management
- Critical Thinking
- Reporting & Documentation

# **SUMMARY**

Implementation of Safety policies and procedures. Day to day screening of operations on site regarding safe system of work as Proactive monitoring. Attending client HSE meetings, Conducting HSE Meeting with Project manager/Construction Manager and all project staff. Conducting internal HSE Awarenessmeeting among all workers. Monitoring Confined space and hot work PTW systems follow up. Checking Third party Certifications of required machinery and equipment's. Conducting "Fire/H2S/medical/heat stress and Emergency Drills.

# **WORK EXPERIENCE:** (8 years exp.)

#### **APPROVALS OBTAINED**

Approved By ADNOC (Abu Dhabi National Oil Company) Onshore (Habshan)

#### FROM FEBRUARY 2022 TO NOV.2022

WESTCON CONSTRUCTION ( PVT) Ltd LAHORE PAKISTAN



**Project**: Hospital Building construction

**Client**: University of Lahore

**Position**: Health and Safety Engineer

#### **DUTIES AND RESPONSIBILITIES:**

- Responsible for implementation of Project HSE plan.
- Ensuring Emergency response and rescue plan on project.
- Establishes safety standards and policies as needed
- Ensuring day to day application and implementation of HSE system at site.
- Participating for Risk Management review and controls.
- Conducts toolbox meetings
- Monitor, assess and report on contractor and subcontractor HSE compliance with the project HSE requirements as per the contractHSE legislation/ best practices.
- Daily site inspection with HSE team to identify hazards but ensure any high risks are immediately controlled prior to leaving area.

# From October 2021 to December 2021

# **DESCON ENGINEERING UAE**

Turnaround: At Adnoc gas processing plant Habshan 0 & 1 UAE

Client **ADNOC** 

Position : **HSE** Supervisor

# **DUTIES AND RESPONSIBILITIES:**

- Providing job trainings, work instructions and information to onsite supervisory staff andworkers.
- Verifies that all tools and equipment are adequate and safe for use.
- Responsible to ensure the ADNOC WMS system is being implemented
- Ensuring all personal wearing mandatory and job specific PPEs.
- Ensuring that JSA all criterial activities done, communicated, and implemented.
- Ensuring all critical working equipment are in compliance with ADNOC requirements.
- Keep updated the current policies, regulations, and industrial processes •
- Attended weekly and monthly Health & Safety meetings; provided minutes and progress action asnecessary.
- Investigate all accidents/incidents and near misses and recommendations to prevent further occurrence.

### From November 2018 to March 2020

# ROHR REIN CHEMIE (ME) LLC

**Project** Chemical Cleaning & Maintenance of Heat Exchangers vessels columns Habshan Plant

Client **ADNOC** 

HSE Officer **Position:** 

#### **DUTIES AND RESPONSIBILITIES:**

- Implement and monitor routine and preventive programs.
- Work with various functions to ensure the project achieves corporate, goals to sethealth & safety, quality, cost and schedule.
- Carrying toolbox talk on weekly basis to keep them aware about the hazards.
- Arrangement of technical and safety trainings for staff to enhance safety awareness and technical skills.
- Ensuring all personal wearing mandatory and job specific PPEs.
- Manage Safety team & lead them on day to day activities.
- Enforce Safety Policy and procedure on working site.
- Continuously inspection the work site to identify unsafe acts and conditions and advise line supervisor of those to rectify immediately.
- Investigate all accident/incident and near misses and provide recommendations to prevent furtheroccurrence.





# From September 2013 to October 2018

PETROMEN Contracting Oil Field Services LLC

**Project :** Piping and Fire Protection System Job at CBDC project, Takreer

**Client**: ADNOC Ruwais Refinery-West

Position: HSE Officer

#### **DUTIES AND RESPONSIBILITIES:**

• Investigate industrial accidents, injuries, or occupational diseases to determine causes and preventive measures.

- Review plans and specifications for construction of new machinery or equipment todetermine whether all safety requirements have been met.
- Report or review findings from accident investigations, facilities inspections orenvironmental testing.
- Interview employers and employees to obtain information about work environments and workplace incidents.
- Evaluate adequacy of actions taken to correct health inspection violations.
- Review employee safety programs to determine their adequacy
- Ensure proper record keeping is being conducted at all facilities.
- Participate in conducting office inspections and audits to ensure the office is equipped to respond to emergencies, then report on the inspection outcomes to the head of the department and the related officepersonnel.
- Reports to concerned authorities as requested or mandated by regulations.
- Watches out for the safety of all workers and works to protect them from entering hazardous situations.
- Train and oversee employees on health and safety regulations.

