



ABDUL RAUF

HSE ADVISOR / SAFETY OFFICER (NEBOSH-IGC CERTIFIED)

Professional Profile:

Professional in HSE / Safety With 8 Years of experience implementing HSE Initiatives & Specializing in Accident prevention

Extensive knowledge and experience in the oil and gas industry, (EPC and Pipe Line) construction, production manufacturing, electrical and project engineering.

- Monitoring compliance of company Health, Safety and Environment (HSE) with OSHA, ISO & HACCP standards through development & Measurement of SMART objective.
- Implementation and Compliance of the Safety and Health Management System.
- Developing Safety Dashboard and Standard & HSE/Safety Reports.
- Conduct Accident investigation report, Safety Inspection, Safety Auditing Report & Deliver Safety Training as per Work requirement.
- Executing project activities including work instruction HIRA (hazards identification Risk Assessment), JHA, JSA, Work Permit System, LOTO (Lock- Out Tag-Out), color coding, safety in confined spaces, HAZCOM, HAZID, fall protection, waste management & lifting.

Training & Certifications:

- **NEBOSH – IGC (1,2&3)** at NEBOSH, UK- 2021
- **NEBOSH-HSW** at NEBOSH, UK-2016
- **IOSH – MS** at IOSH, UK-2014.
- **OSHA 30 HOURS** (Construction Safety) at OSHA, USA -2011

- **ISO 45001 :2018** at ALISON, IRELAND -2020
- **ISO 14001:2015** at The knight of safety –UK 2022
- **ISO 50001:2018** at The knight of safety –UK 2022
- **ISO: 31000** at USQC, USA -2020.
- **OHSAS 18001 – Internal Auditor** at SEED, INDIA -2014
- **HACCP LEVEL-3** at HABC HIGH FIELD, UK -2019
- **FOOD SAFETY IN CATERING** at HABC HIGH FIELD, UK -2016.



Contact:

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Academic Highlight:

- **DIPLOMA IN SAFETY ENGINEERING (3 Years)**

ITTED Council, Tamilnadu, INDIA-2011

- **HIGHER SENIOR SECONDARY SCHOOL**

Board of Higher Secondary

Examination Kerala, India- 2008

IT Skill:

- Windows Operating Systems
- MS Office - Excel,word &PowerPoint
- Adobe Acrobat
- Internet

Key Skill:

- Results-oriented
- Teamwork Spirit
- Risk Assessment Skill
- Hazard identification Skill
- HSE/ Safety Trainings ,Safety Inspection & Safety Audit Skill
- Self Confidence
- Positive Attitude
- IT literate
- Health safety environment (HSE)

Field of Interest:

- Oil & Gas industry
- Offshore Facilities
- Petrochemical
- Construction & Engineering
- MEP Project
- Facility Management
- Traffic Safety/ Transportation
- Food Industry / Catering
- Production / Manufacturing

HSE Training:

- Safety Representative Training
- Permit System –PTW Training
- Risk Assessment Training
- Accident Investigation Training
- Lockout–tag out Training
- Electrical Safety Training
- First Aid Training
- Fire Fighting Training
- Patient Safety Training
- COSHH Training
- HAZMAT training
- Confined Space Training
- H2S & Breathing Apparatus

Professional Experience: 8 Years.

❖ Galfar Engineering SAOG.

Projects : 1 > BP Khazan block 61 Project (Pipeline Project)
: 2 > VALE Wet Mill Project – Sohar Oman

Client : British petroleum (BP), Worley & VALE

Designation : **HSE Advisor**

Location : Oman

Duration : September 2019 to September 2021

Area of Experience: Oil & Gas and Mining Industry

Duties & Responsibilities:

- Supervise to subordinates.
- Prepare and submit daily, weekly & monthly reports to HSE manager.
- Attending weekly HSE walkthrough on the site with Management.
- Conducting monthly inspection (Color Code) for the power tools, Ladders, fully body harness, Fire extinguishers, ETC.
- Prepare and submit Risk Assessment and Job Safety Analysis for all the project related works.
- Monitoring HSE standards in the activities at site, SIMOPS & Man machine Interface (MMI) Control and giving positive advice.
- Investigate and Prepare Incident / Accident reports and submitting to the Manager.
- Conducting internal HSE Audit.
- Organizing in-house training and mandatory training to employees and keeping its records.
- Knowledge of safe working procedure in all type of Rigging Job & Lifting Operations, Survey of Lifting Equipment & Crane operation.

❖ Al Mashariq Trading & Contracting Company

Client : Saudi Electricity Company (National Grid)

Designation : **Safety Officer**

Location : Riyadh, Saudi Arabia

Duration : January 2017 to January 2019

Area of Experience: Transmission & Distribution Projects Division

Duties & Responsibilities:

- Ensure implementation and compliance of the SEC 5 Star Safety and Health Management System.

Key Achievement:

- Received Silver Star Award from British Petroleum (BP Khazzan OMAN) for Best HSE Advisor Performance.
- Successfully Completed Saudi ARAMCO Work Permit Receiver in Saudi Aramco institute Saudi Arabia.
- Successfully Completed Lean Six Sigma Yellow Belt in USQC-USA.
- Successfully Completed Food Allergy Online Training in Food Standards Agency.UK.

Languages:

English - Read, Write& Speak

Hindi - Read, Write& Speak

Arabic - Speak only

Tamil - Speak Only

Malayalam - Read, Write& Speak

- Preparing HSE observation reports, weekly, monthly and. Daily reports.
- Take part in audits, inspections and safety observation tours. Giving clear direction to overcome or design out HSE /Safety issues.
- Able to carry out first aid on site.
- Compile activity reports as and when required.
- Provide professional advice to all levels of management and employees.
- Conduct relevant audits to ensure compliance of the 5 Star Safety and Health Management System.
- Ensure that the relevant records are kept and filed for all checks and inspections conducted;
- Preparation of JSA, daily safety reports, accident investigation reports etc. Monitor and modify safety techniques to achieve zero accident goals etc.

❖ NAPCO Paper Products Company

Designation : HSE Officer

Location : Dammam, Saudi Arabia

Duration : January 2015 to December 2016

Area of Experience: Production & Manufacturing

Duties & Responsibilities:

- Regularly monitor compliance of company Health, Safety and Environment (HSE) with ISO 9001, OHSAS 18001 and ISO 14001 standards through gap analysis.
- Regularly setting HSE objectives and Key Performance Indicator for all departments based on SMART criteria and measuring & reporting the same to the senior management reviews and instructions.
- Execute safety department daily, weekly and monthly dashboard & reporting as per the safety management plan requirements.
- Monitor all Safety activities, issuing work permits, conducting daily & weekly Tool Box meeting, maintaining daily safety reports and sending the same to the Management. Attending the safety meeting of Client/s and Consultants.
- Investigate and report incidents, injuries and hazards whenever accident happens.
- Inspecting the firefighting equipment, ladder and first aid box etc.
- Implementation of new safety procedure on site.
- Conduct firefighting drills (Mock Drills) during working hours and off working hours.

Personal Detail:

- Date of Birth: 05/07/1991
- Marital Status: Married
- Nationality: Indian
- Passport No: K3087180
- Date of Issue: 19/09/2012
- Date of Expiry: 18/09/2022
- Place of Issue: Malappuram – Kerala

Driving License:

- Indian LMV Driving License

Covid19 Vaccination Status

- AstraZeneca /Oxford Two Doses

❖ Descon Engineering LLC Qatar

Project : TCJV Project under Qatar Gas (Shutdown)
Designation : Assistant Safety Officer
Location : Rassalaffan, Qatar
Duration : February 2013 to April 2013

Area of Experience: Oil & Gas Industry

Duties & Responsibilities:

- Responsible for safety matter through the project implementation of Safety Program in line with Client's requirements.
- Conducting the tool box meeting at site.
- Gas testing H2S, Toxic, oxygen and etc.
- Promotes safe practices at the job site.
- Enforces safety guidelines.

❖ Southern India Construction Company

Designation : Safety Officer
Location : India
Duration : October 2011 to January 2013

Area of Experience: Construction & Commissioning Industry

Duties & Responsibilities:

- Risk assessment to identify potential hazards and the control measures to prevent any accident.
- Inspection of working equipment's on the job site to ensure standard safety procedures.
- Monitoring and checking all kinds of lifting, welding activities safely. Monitoring and ensuring safety of work activities at heights.
- Maintaining housekeeping at its level best in the job site.

References:

- References available on request.