

Kawthar Majeed Aldar

kuther98@gmail.com



Occupational health and safety

0543807062



Qatif, Al jazirah



02 March,1998



Education:

- I hold a high diploma in Occupational Health and Safety from Lincoln College in Qatif, with a **GAP 4.6 of 5**.
- I have passed the **PET** test with a **score of 131** from the University of Lincoln in 2018.
- I graduated from the fourth **high school** in Qatif with a percentage of **94.75%** in 2016.

Expertise: I trained in the Taqat Al-Khobar branch as (**customer service**, reception, and insurance) by **passing 200 hours**.

Training courses:

- In the field of **occupational health and safety** (Accident Reporting Awareness , COSHH Awareness ,Health and Safety Induction ,Personal Protective Equipment Awareness Course , The COSHH Risk Assessor Certification , Workplace Fire Safety Induction, certificate and license for a paramedic first from the Red Crescent Authority).
- In the field of **computer skills** (Microsoft Power Point, Word , Excel ,Outlook).

Skills:

(Problem Solving, Effective communication, Proficiency in computer skills, Work under pressure, Organizing and managing time, Cooperation, Love of achievement and self-development, Creative).

Language:

- My mother tongue is **Arabic**.
- I speak **English** fluently.

Thank you for reading. I hope to be a useful part for your company